

**Government Medical College, Chandrapur**  
**Foundation Course for M.B.B.S. Students (2019-20 Batch)**  
**Aug-19**

**Instructions**

**All Freshers are required to follow these instructions:**

1. Be in your seat 10 minutes before scheduled time,
2. You are permitted to leave only after the session ends,
3. Mobile phones to be **switched OFF**. Silent mode is not permitted,
4. Dress: Casuals, Medical White Coat and Shoes,
5. Jeans and T Shirts are NOT Permitted,
6. Maintain the decorum

Time	8:00 - 9:00	9:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 1:00	1:00 - 2:00	2:00 - 3:00	3:00 - 4:00	4:00 - 5:00
01 Aug. 2019 Thursday	Welcome & lamp lighting ceremony (Physio. Dept.)	Address by the Dean, G.M.C., Chandrapur	Intro : The Medical Profession (MS)	Overview of MBBS Course (Dr.....)	Interaction with Pre and Para faculty (Dr.....)	Lunch Break	Self- Intro by the Students (Dr.....)	LANGUAGE & COMPUTE RS	
02 Aug. 2019 Friday	Sports	FC.4.1 Concept of professionalism and ethics (Biochemistry)		LANGUAGE & COMPUTERS		Lunch Break	FC 1.1 Demonstrate understanding of the role of doctors in the society and their impact	FC.4.1 Concept of professionalism and ethics (Biochemistry)	
03 Aug. 2019 Saturday	Introduction to Professionalism and Ethics (Dept. of Biochemistry and Anatomy)			Lunch		FC 3.1 (Demonstrate understanding of national Health Policies & Goals), FC 3.2 (Discuss national Health Scenario, demographic & epidemiological issues), FC 3.3 (Demonstrate understanding of health care system in India)			
04 Aug. 2019 Sunday	HOLIDAY								

DAY/ TIME/ DATE	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM- 2PM	2PM- 3PM	3PM- 4PM	4PM- 5PM
		ORIENTATION							
MON 05/08/19	SPORTS	FC 1.1 Demonstrate understanding of the role of doctors in the society and their impact	FC 1.2 Demonstrate understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact	FC 2.8 Immunisation (Community Medicine)			FC.4.1 Concept of professionalism and ethics (Biochemistry)	LANGUAGE & COMPUTERS	
		ORIENTATION							
TUES 06/08/19	SPORTS	FC 2.2 First Aid (1) (Surgery)		FC 1.1 Demonstrate understanding of the role of doctors in the society and their impact	FC 1.2 Demonstrate understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact		FC.4.1 Concept of professionalism and ethic (Biochemistry)	LANGUAGE & COMPUTERS	
WED 07/08/19	SPORTS	FC 2.2 First Aid (2) (Surgery)		ORIENTATION			FC 4.2 White Coat ceremony (Biochemistry)	LANGUAGE & COMPUTERS	
				FC 1.2 Demonstrate understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact	FC 1.3 Discuss and appreciate the expectations of the students from the Nation, Society, Institution, peers, colleagues and patients and vice versa				

DAY/ TIME/ DATE	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM- 2PM	2PM- 3PM	3PM- 4PM	4PM- 5PM
THURS 08/08/19	SPORTS	FC 2.5 Hand washing (Community Medicine)			ORIENTATION	FC 1.3 Discuss and appreciate the expectations of the students from the Nation, Society, Institution, peers, colleagues and patients and vice versa	FC 4.2 Professional and altruistic behaviour (Medicine)	LANGUAGE & COMPUTERS	
FRI 09/08/19	SPORTS	FC 4.3 Working in Health Care Team 1) Altruism as a virtue of physician (Paediatrics) 2) Case Discussion (surgery)		LANGUAGES & COMPUTERS		ORIENTATION	FC 1.3 Discuss and appreciate the expectations of the students from the Nation, Society, Institution, peers, colleagues and patients and vice versa	FC 4.5.1 Describe Disability (Orthopedics) FC4.5.2 Medical and Social model of disability (PSM)	
SAT 10/08/19	HOLIDAY								
SUN 11/08/19	HOLIDAY								

DAY/ TIME/ DATE	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM- 2PM	2PM- 3PM	3PM- 4PM	4PM- 5PM				
MON 12/08/19	HOLIDAY												
TUES 13/08/19	SPORTS	FC 2.1 Basic Life Support (1) (Anaesthesia)		<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="2" style="text-align: center;">ORIENTATION</th> </tr> </thead> <tbody> <tr> <td style="width: 50%;">FC 1.4 Demonstrate understanding of the rules and regulations of the Institution</td> <td style="width: 50%;">FC 1.4 Demonstrate understanding of the rules and regulations of the Institution</td> </tr> </tbody> </table>		ORIENTATION		FC 1.4 Demonstrate understanding of the rules and regulations of the Institution	FC 1.4 Demonstrate understanding of the rules and regulations of the Institution	FC4.5.3 Disability etiquettes (Orthopaedic)		LANGUAGE & COMPUTERS	
ORIENTATION													
FC 1.4 Demonstrate understanding of the rules and regulations of the Institution	FC 1.4 Demonstrate understanding of the rules and regulations of the Institution												
WED 14/08/19	SPORTS	FC 2.1 Basic Life Support (2) (Anaesthesia)		<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="2" style="text-align: center;">ORIENTATION</th> </tr> </thead> <tbody> <tr> <td style="width: 50%;">FC 1.4 Demonstrate understanding of the rules and regulations of the Institution</td> <td style="width: 50%;">FC 1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution</td> </tr> </tbody> </table>		ORIENTATION		FC 1.4 Demonstrate understanding of the rules and regulations of the Institution	FC 1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution	FC4.5.4 Rights of person with Disability Act, 2016 (FMT)		LANGUAGE & COMPUTERS	
ORIENTATION													
FC 1.4 Demonstrate understanding of the rules and regulations of the Institution	FC 1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution												
THURS 15/08/19	HOLIDAY												

DAY/ TIME/ DATE	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM- 2PM	2PM- 3PM	3PM- 4PM	4PM- 5PM
FRI 16/08/19	SPORTS	FC4.5.5 Empathetic Communication with people with Disability FC4.5.6 Non-discriminatory behaviour towards people with Disability (Ophthalmology)		LANGUAGES & COMPUTERS			ORIENTATION FC 1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution	FC4.5.7 Accessible Health Care Setting for People with Disabilities and functioning of NGO (SGD) : Medical Social Worker( Under supervision of Dept. of Biochemistry)	
SAT 17/08/19	HOLIDAY								
SUN 18/08/19	HOLIDAY								



DAY/ TIME/ DATE	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM- 2PM	2PM-3PM	3PM-4PM	4PM-5PM
		ORIENTATION					ORIENTATION		LANGUAGE & COMPUTERS
MON 19/08/19	SPORTS	FC 1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution		FC 2.9 Documentation in patient care			FC4.5.8 Awareness of human rights of persons with disabilities (SDL) (Pharmacology)		
TUES 20/08/19	SPORTS	FC 2.6 Needle / Scalpel, Stick injury (Microbiology)		FC 1.6 Discuss the various career pathways and opportunities for personal growth			FC4.5.8 Awareness of human rights of persons with disabilities (SDL) (Pharmacology)		
							LANGUAGE & COMPUTERS		

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				11AM-12PM	12PM-1PM				
WED 21/08/19	SPORTS	FC 2.3 Concept of bio safety (Microbiology)		FC 1.7 Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways	FC 1.7 Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways		FC 4.6 Cultural Competence (Biochemistry)	LANGUAGE & COMPUTERS	LANGUAGE & COMPUTERS
THURS 22/08/19	SPORTS	FC 2.4 Handling biomaterial/bio waste management (1) (Microbiology)			ORIENTATION FC 1.7 Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways		FC4.7 Stress management (Biochemistry)	LANGUAGE & COMPUTERS	

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FRI 23/08/19	SPORTS	FC 4.8 Yoga and Meditation (Biochemistry)		LANGUAGES & COMPUTERS			ORIENTATION	FC 4.9 Time management : 1.Importance of time management(Microbiology) 2.Prioritisation (OBGY)		
SAT 24/08/19	HOLIDAY									
SUN 25/08/19	HOLIDAY									
MON 26/08/19	SPORTS	ORIENTATION FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery		FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery		FC 2.7 Handling biomaterial/bio waste management (2) (Microbiology)		FC 4.9 Time management: 3. Distractions and interruptions and wrap up (OBGY)		LANGUAGES & COMPUTERS



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TUES 27/08/19	SPORTS	Feedback		ORIENTATION			FC 4.10 Interpersonal relationships (PSM)	LANGUAGE & COMPUTERS	
WED 28/08/19	SPORTS	Cadaveric Oath		ORIENTATION			FC 4.11 Understanding the role of mentoring (Pharmacology)	LANGUAGE & COMPUTERS	
				FC 1.9 Discuss the principles of family practice	FC 1.9 Discuss the principles of family practice				
				FC 1.9 Discuss the principles of family practice	FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine				

DAY/ TIME/ DATE	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM		1PM- 2PM	2PM- 3PM	3PM- 4PM	4PM- 5PM
					ORIENTATION					
THURS 29/08/19	SPORTS		Revaluation		FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine			FC 4.12 Group learning/ group dynamics (MET cell)	LANGUAGE & COMPUTERS	
FRI 30/08/19	SPORTS	FC 4.13 Learning Pedagogy (MET cell)		LANGUAGES & COMPUTERS				ORIENTATION	FC 4.14 Self directed learning (Biochemistry)	
SAT 31/08/19	Collaborative learning (FMT)				LUNCH		F.C. 3.4 (Discuss basic principles of Community Health & its impact on health & disease), 3.5 (Demonstrate			

Note:- 1) Orientation is allotted to Physiology and other Departments,

2) Skill Modules is allotted to Anatomy and other Departments,

3) Professionalism & Ethics is allotted Biochemistry and other Departments,

4) Language and Computers is allotted to P.S.M. Department.

  
**Professor & Head**  
 Department of Community Medicine  
 Government Medical College & Hospital

  
**Head**  
 Department of Biochemistry  
 Govt. Medical College,  
 Chandrapur.

  
**Head**  
 Department of Anatomy,  
 Govt. Medical College,  
 Chandrapur.

  
**Head**  
 Department of Physiology  
 Govt. Medical College,  
 Chandrapur.